



THE OLD MILL

at the Islandview Resort

In 1900 a sawmill was built on the site of the present day Old Mill at Islandview Resort. The sawmill changed hands many times and burned down twice. It was best known as the Johnston Mill and was in operation until the 1940's.

In the early days when steamers ran the lakes, they were pulled up on wooden ways for winter storage and repairs. In 1958 these steamers were stripped of their hardware and burned on the beach. To this day, we still find remaining pieces of these boats.

The staff at the Old Mill hope you enjoy your time spent here in the Kawarthas.

2824 River Avenue
Young's Point, Ontario K0L 3G0
705-652-1800
www.oldmillrestaurant.ca

APPETIZERS

Steak & Potato Poutine

Shaved beef piled high on a bed of befeater fries with a delicious three cheese blend finished with our house gravy. 9.99

Chicken Quesadillas

Fresh peppers and onions covered in mixed cheese. served between a tomato basil tortilla served with sour cream and salsa. 10.99

Sawmill Pan Bread

Cheese Bread: *Our own Vienna bun stuffed with a warm garlic spread topped with asiago cheese then baked.* 6.99

Loaded Pan Bread: *Mushrooms and onions simmered in a green peppercorn gravy then stuffed into a Vienna bun and topped with asiago cheese then baked.* 7.99

SOUP & SALADS

Chef's Soup of the Day

Ask your server for today's selection. 4.99

House Salad

Cucumbers, bell peppers, chick peas, tomatoes & feta on a bed of mixed greens.
Main 9.99 Appetizer 6.99

Asian Lettuce Wraps

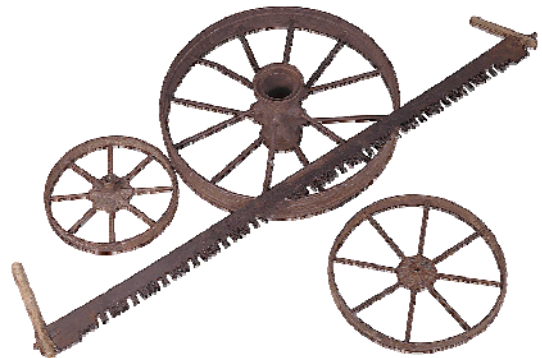
Minced chicken, water chestnuts and scallions pan-seared in our own Asian inspired sauce. 9.99

Baja Shrimp Tacos

Two Baja-style tacos with jalapeno shrimp and fresh cut cabbage. Served with tortilla chips and tomato salsa. 8.99

Ocean Appetizer

Prawns, scallops and mussels served in a basil pesto white wine sauce. Served with garlic bread. 12.99



Caesar Salad

Fresh Romaine lettuce tossed in a traditional Caesar dressing topped with bacon, parmesan cheese and croutons. Main 9.99 Appetizer 6.99

Summer Salad

Fresh romaine lettuce, bacon, red onion, toasted almonds, poppy seeds and fresh seasonal fruit. Served with a poppy seed dressing. Main 9.99 Appetizer 6.99

*Complete any of our salads with your choice of:
grilled chicken, prawns or scallops 3.99 sirloin steak or salmon loin 4.99*

ENTRÉE SALADS

Chicken Gaspacho Salad

The classic cold soup reconstructed into a salad. Fresh heart lettuce, tomatoes, red onions, kalamata olives, bell peppers and feta served with grilled chicken and guacamole. 13.99

Prime Time Wedge Salad

A crisp iceberg wedge topped with cucumbers, red onions, smoked bacon, tomatoes, blue cheese crumbles and thinly sliced prime rib served with your choice of dressing. 13.99





SAWMILL SPECIALTIES

All served with your choice of fresh cut fries, woodchips, soup or salad.

Steak Sandwich

Seasoned 6oz sirloin steak cooked to perfection served open-faced on a Vienna bun with sautéed mushrooms & onions. 13.99

Lock 27 Burger

Fresh home style burger topped with a portobello mushroom cap and asiago cheese. 11.99

Haystack Burger

Fresh homestyle burger topped with crispy fried onion strings. 10.99

Chicken Burger

Freshly seasoned ground chicken topped with lettuce, tomato, onion and guacamole. 11.99

Old Mill Club

Served on a Vienna bun with roasted turkey, bacon, lettuce, tomato, mayo, cheddar cheese and Old Mill sauce. 10.99

Seasoned Tilapia Sandwich

Sautéed tilapia fillet served open faced on a Vienna bun with mayonnaise, cucumber and tomatoes. 11.99

Shrimp Po Boy

Served on a Vienna bun with lightly breaded shrimp, lettuce, tomato and jalapenos. 10.99

Dockside Reuben

Served on marble rye, loaded with roasted turkey, corned beef, asiago cheese and sauerkraut then grilled. 11.99

Tuxedo Salmon Sandwich

Sesame crusted salmon served open faced on a Vienna bun with wasabi drizzle. 11.99



OLD MILL FAVOURITES

Chicken Tenderloins

Tender chicken fillets served with your choice of fresh cut fries, wood chips or salad. 10.99

Chicken Wings

One dozen dusted wings served with your choice of mild, medium, hot, dry Cajun or honey garlic sauce. 12.99

Fish & Chips

Crisp haddock fillet served with fresh cut fries, tartar sauce and a lemon wedge. 12.99

Old Mill Woodchips & Dip

Basket 4.99

Fresh Cut Fries

Basket 4.99

ENTRÉES

All entrees served with jumbo frites and choice of house or Caesar salad.

Clear Lake Surf & Turf

The Old Mill's own 6 oz. marinated sirloin cooked to your specification accompanied by a lightly seasoned 4 oz. pickerel fillet. 17.99

Northern Pickerel

Fresh pickerel lightly seasoned and shore-fried until tender served with cranberry salsa. A Canadian favourite! 17.99

Chicken Parmesan

Breaded tender chicken topped by our own house tomato sauce and three cheese blend. Crowd pleaser. 17.99

BBQ Pork Back Ribs

Marinated back ribs slow cooked then finished on the grill with our own house bbq sauce.

Full Rack 22.99 Half Rack 18.99

PASTA

All served with garlic bread.

Salmon Farfalle

Fresh Atlantic salmon seared with bell peppers and dill in a rich garlic cream sauce. 17.99

Sun Dried Tomato Primavera

Fresh sun dried tomatoes and seasonal vegetables in a garlic white wine sauce served over spaghetti. 16.99

Chorizo Sausage Primavera

Spicy Mexican sausage tossed with spaghetti in a fresh tomato sauce loaded with vegetables. 16.99

Seafood Trio

Pan-seared shrimp, scallops and salmon with a medley of seasonal vegetables in our own garlic white wine sauce served over bowtie pasta. 18.99

BEVERAGES

Coffee or Tea 2.00

Apple or Orange Juice
Small 1.75 Large 2.50

2% Milk Small 1.75 Large 2.50

Soft Drinks 2.25

Iced Tea 2.25

Bottled Water 1.00



THE OLD MILL BREAKFAST MENU

Sunrise Special

Two eggs any style with your choice of bacon, sausage or peameal.
Also comes with Old Mill country bread and home fries. 6.99

Cinnamon French Toast

Golden brown French toast
dusted with cinnamon. 6.99

Dockside Omelettes

All of our omelettes are 3 eggs and served with toast
and home fries. Choose from:

Cheese & Mushroom Omelette 7.99

Vegetarian Omelette 7.99

Peppers, tomato, onions & mushrooms

Western Omelette 7.99

Ham, onion & peppers

B.L.T.

Bacon, lettuce and tomato
served with home fries. 5.99

BEVERAGES

Coffee or Tea 2.00

Herbal Tea 2.00

Apple, Orange or Tomato Juice
Small 1.75 Large 2.50

2% or Chocolate Milk Small 1.75 Large 2.50

Soft Drinks 2.25

Iced Tea / Lemonade 2.25

Bottled Water 1.00

SIDES

Toast & Jam 1.99

Home Fries 3.49

Bacon, Sausage or Peameal 2.50

Ultimate Breakfast Sandwich

Peameal bacon, fried egg, tomato, lettuce and aged
Canadian cheddar on foccacia make this the best
breakfast sandwich around! 6.99

Breakfast Club

Bacon, lettuce, tomato & egg topped with aged
cheddar and served with home fries. 6.99

Western Sandwich

Two eggs, ham, onion & peppers
served with home fries 6.99

KIDS BREAKFAST

For our guests 12 years old and
under. All meals served with your
choice of a small drink 3.99

French Toast 3.99

Sunshine Special

One egg, bacon & toast. 3.99

KIDS MENU

For our guests 12 years old and under.
All meals served with fresh cut fries or salad
and come with your choice of a small drink
and ice cream 6.99



Charbroiled 4oz Burger

4oz patty plain or smothered in cheese

Macaroni & Cheese

Grilled Cheese

Ooey & gooey, just like mom's!

Chicken Tenders

Served with plum or BBQ sauce for dipping

Ball Park Hot Dog

Served with all the fixings

